



Annual Report of the HKPGA Council (2020-2021)

A. Background

Hong Kong Psychogeriatric Association (HKPGA) was founded on 16th June, 1998 by a group of mental health professionals working in the field of Psychogeriatrics in Hong Kong. Our objectives are: to promote, through a multidisciplinary approach, the study and advancement of the science and practice of psychiatry of the elderly as well as the ancillary sciences and branches of medicine and health care; to further public education; to contribute to the improvement of mental health care for Hong Kong senior citizens; and to collaborate with the relevant local and overseas organizations to achieve the above.

B. Composition

At the 21st Annual General Meeting (AGM) on 16th November, 2019, members elected Prof. Helen Chiu as President; Dr. S.W. Li as Immediate Past President; Ms. Anita Wong as Vice-President (external affairs), Dr. P.F. Pang as Vice-President (internal affairs); Dr. Connie Yan as Honorary Treasurer and Dr. Janice Chik as Honorary Secretary.

There are seven Council members, one from each of the following categories: medical profession (Dr. Mimi Wong); clinical psychology (Ms. Joey Chung); nursing profession (Mr. Samuel Kong); occupational therapy (Ms. Daphne Law); physiotherapy (Ms. Fiona Tang); social work (Mr. Adrian Sun) and other/voluntary sector (Dr. Chan Lap Kei).

Our Honorary Legal Advisor is Mr. Paul Ng (Paul Ng & Co.) and Honorary Auditor is Dr. Patrick Wong (Patrick Wong C.P.A. Limited).

There are four Standing Committees responsible for external affairs, sponsorships, training and newsletters within the HKPGA. The Chairmen of the respective standing committees are Prof. Helen Chiu (External Affairs), Ms. Anita Wong (Sponsorship), Dr. Paulina Chow (Training Committee) and Dr. C.L. Lam (Newsletters).

C. Membership

Life membership of HKPGA is open to all professional workers who are interested in the mental health care of older people. New members are encouraged to apply for the membership of the International Psychogeriatric Association (IPA) as HKPGA is an affiliated organization of IPA. Furthermore, distinguished scholars and workers in the field will be invited as honorary members. At present, we have around 398 members, including psychiatrists, geriatricians, general practitioners, nurses, psychologists, physiotherapists, occupational therapists, social workers, and other professionals working in the field.



D. Activities of Council & Standing Committees

The Council had held 4 meetings in the past year (101th to 104th) to discuss and decide on the business of HKPGA. The four Standing Committees (External Affairs Committee, Newsletters Committee, Sponsorship Committee, and Training Committee) also discussed and decided on the relevant issues in their Committees via emails. On behalf of the Council, the Honorary Secretary of HKPGA made regular announcement about HKPGA activities via the HKPGA website, emails and newsletter.

Scientific Meetings

The 22nd Annual Scientific Symposium cum Annual General Meeting was held successfully on 17th November 2020 using a virtual online platform and in person at the Langham Hotel Hong Kong. A COVID-19 Elderly Care Forum was held and speakers from the non-government organizations (NGOs) were invited to share their COVID-19 experiences. **Mr. Chui Wan Yin, Mr. Chow Wai Kei and Ms. Yuen Man Yan**, Social Work Supervisor of Caritas Hong Kong, gave a talk on “*The Impact of COVID-19 Pandemic on the Elderly and their Carers in Hong Kong*”. **Ms. Ho Sim Kei Jennis**, Assistant Director of the Hong Kong Sheng Kung Hui Welfare Council Limited, shared her experience titled “*Hugs & Touch: The New Normal in Residential Service under COVID-19*”. **Professor George Grossberg**, Samuel W. Fordyce Professor, Geriatric Psychiatry, Saint Louis University School of Medicine, then gave a talk on “*Managing Behavioral Symptoms in Dementia: Focus on Agitation*”.

Collaboration with other organizations

The Tripartite Psychogeriatric meeting in collaboration with China and Taiwan was cancelled due to COVID-19.

Sponsorships for Conferences

Due to the impact from COVID-19, there were no sponsorships to conferences this year.

HKPGA Research Award 2021

It is the vision of HKPGA to promote high quality research related to old age psychiatry. This year, two applications had been received and their research projects were reviewed by the Expert Panel.

Dr. Chan Wai Sum (Resident, Castle Peak Hospital) was the winning contestant with her project titled “*Validation of the Hong Kong Chinese Version of C-DEMQOL - a measure of quality of life in carers of people with dementia*”. Dr. Chan would receive the award.



Hong Kong Psychogeriatric Association Ltd.

香港老年精神科學會

Webpage: www.hkpga.org E-mail: info@hkpga.org

Publications

HKPGA Newsletters have been published at regular interval and has been distributed to our members and organizations involved in the care of older people. In the past year, two issues (March 2021 and August 2021) of the HKPGA Newsletter had been published via the co-ordination of the HKPGA Newsletter Committee. Past issues of the newsletters are available at the HKPGA official website.

E. HKPGA Website

Members are advised to visit the official website www.hkpga.org regularly for HKPGA announcements, sponsorships, newsletters and archives of past activities and helped to build a paperless environment.

Prepared by

Dr. Janice Chik

Honorary Secretary, HKPGA

