



## Annual Report of the HKPGA Council (2021-2022)

### A. Background

Hong Kong Psychogeriatric Association (HKPGA) was founded on 16th June, 1998 by a group of mental health professionals working in the field of Psychogeriatrics in Hong Kong. Our objectives are: to promote, through a multidisciplinary approach, the study and advancement of the science and practice of psychiatry of the elderly as well as the ancillary sciences and branches of medicine and health care; to further public education; to contribute to the improvement of mental health care for Hong Kong senior citizens; and to collaborate with the relevant local and overseas organizations to achieve the above.

### B. Composition

At the 23<sup>rd</sup> Annual General Meeting (AGM) on 16<sup>th</sup> November, 2021, members elected Dr. LI Siu Wah as President; Prof. CHIU Fung Kum, Helen as Immediate Past President; Dr. WONG Mei Cheung, Mimi as Vice-President (external affairs), Dr. CHAN Lap Kei, Edmond as Vice-President (internal affairs); Mr. WONG Man Lung, Ben as Honorary Treasurer and Dr. YIP Yuk Cheong, Charles as Honorary Secretary.

There are seven Council members, one from each of the following categories: medical profession (Dr. PANG Pui Fai); clinical psychology (Ms. LUI Choi Chung, Joey); nursing profession (Mr. KONG Winchung, Samuel); occupational therapy (Ms. LAW Siu Tuen, Daphne); physiotherapy (Ms. TANG Lai Wah, Fiona); social work (Mr. SUN Hoi Tung, Adrian) and other/voluntary sector (Dr. WU Ying King, Anna).

Our Honorary Legal Advisor is Mr. Paul Ng (Paul Ng & Co.) and Honorary Auditor is Dr. Patrick Wong (Patrick Wong C.P.A. Limited).

There are four Standing Committees responsible for external affairs, sponsorships, training and newsletters within the HKPGA. The Chairmen of the respective standing committees are Prof. Helen Chiu (External Affairs), Dr. S.W. Li (Sponsorship), Dr. Paulina Chow (Training Committee) and Dr. C.L. Lam (Newsletters).

Ms. Joey Lui resigned on 13<sup>rd</sup> January 2022. Ms. LEUNG Hoi Ting, Michelle was co-opted as Council member since 14<sup>th</sup> April 2022.



## C. Membership

Life membership of HKPGA is open to all professional workers who are interested in the mental health care of older people. New members are encouraged to apply for the membership of the International Psychogeriatric Association (IPA) as HKPGA is an affiliated organization of IPA. Furthermore, distinguished scholars and workers in the field will be invited as honorary members. At present, we have over 400 members, including psychiatrists, geriatricians, general practitioners, nurses, psychologists, physiotherapists, occupational therapists, social workers, and other professionals working in the field.

## D. Activities of Council & Standing Committees

The Council had held 6 meetings in the past year (105<sup>th</sup> to 110<sup>th</sup>) to discuss and decide on the business of HKPGA. The four Standing Committees (External Affairs Committee, Newsletters Committee, Sponsorship Committee, and Training Committee) also discussed and decided on the relevant issues in their Committees via emails. On behalf of the Council, the Honorary Secretary of HKPGA made regular announcement about HKPGA activities via the HKPGA website, emails and newsletter.

### *Scientific Meetings*

The 23<sup>rd</sup> Annual Scientific Meeting cum Annual General Meeting was held successfully on 16<sup>th</sup> November 2021 using a virtual online platform and in person at the Hyatt Regency Hong Kong. **Prof. Roger McIntyre**, Department of Psychiatry and Pharmacology in University of Toronto, gave us a talk on “*New Strategies in Managing Treatment Resistant Depression*”. The HKPGA Research Award winners from 2020 and 2021 **Mr. Chiu Yik Ho** and **Dr. Chan Wai Sum**, shared with us their researches titled “*The Effectiveness of Horse-racing Group (an Activity with Variable-ratio Reinforcement) for Long Term Improvement in Executive Function of People with Mild Cognitive Impairment*” and “*Validation of the Hong Kong Chinese Version of C-DEMQUAL – a measure of quality of life in carers of people with dementia*” respectively.

### *Collaboration with other organizations*

The Tripartite Psychogeriatric meeting in collaboration with China and Taiwan was cancelled due to COVID-19.

The Multi-specialty Medical Mega Conference 2022 was held on 3-4<sup>th</sup> September 2022. Dr. L.K. Chan, vice-president of the HKPGA, joined in a session organized by the Hong Kong Society of Palliative Medicine titled “Advance Directive in Practice” on 3<sup>rd</sup> September 2022 at 13:45-15:15 to share on the psychiatric perspectives of Advance Directive.



Hong Kong Psychogeriatric Association Ltd.

香港老年精神科學會

Webpage: [www.hkpga.org](http://www.hkpga.org) E-mail: [info@hkpga.org](mailto:info@hkpga.org)

---

The HKPGA has joined the Mental Capacity Concern Group led by Mr. Charles Chiu to advocate Continuing Power of Attorney in Hong Kong. Prof. Helen Chiu and Dr. L.K. Chan attended the first meeting of the concern group.

#### *Sponsorships for Conferences*

Due to the impact from COVID-19, there were no sponsorships to conferences this year.

#### *HKPGA Research Award 2022*

It is the vision of HKPGA to promote high quality research related to old age psychiatry. This year, four applications had been received and their research projects were reviewed by the Expert Panel.

There were two winning contestants this year. They were Dr. Adelina Tsoi (Associate Consultant, United Christian Hospital) with her project titled “*The Prevalence of Anxiety Disorder among Informal Caregivers of Dementia Patients in a Psychogeriatric Specialist Outpatient Clinic of a Regional Psychiatric Hospital of Hong Kong: A Cross-Sectional Study*” and Ms. Sandy Cheung (Occupational Therapist, Shatin Hospital) with her project titled “*Comparison of the use of Hong Kong Brief Cognitive Test (HKBC) and Hong Kong Montreal Cognitive Test (HK-MoCA) as cognitive screening test in patients with Dementia*”. Dr. Tsoi and Ms. Cheung would receive the award.

#### *Publications*

HKPGA Newsletters have been published at regular interval and has been distributed to our members and organizations involved in the care of older people. In the past year, three issues (December 2021, March 2022 and August 2022) of the HKPGA Newsletter had been published via the co-ordination of the HKPGA Newsletter Committee. Past issues of the newsletters are available at the HKPGA official website.

---

President: Dr. S.W. Li

Vice-President: Dr. Mimi Wong & Dr. L.K. Chan

Immediate Past President: Prof. Helen Chiu

Honorary Treasurer: Mr. Ben Wong

Honorary Secretary: Dr. Charles Yip

Council Members: Dr. P.F. Pang, Dr. Anna Wu, Mr. Samuel Kong, Ms. Fiona Tang, Ms. Daphne Law, Mr. Adrian Sun

Honorary Legal Advisor: Paul Ng & Company

Honorary Auditor: Patrick Wong C.P.A. Ltd

Honorary Adviser: Mrs. Eliza Leung

Patron: Dr. Ching-choi Lam, BBS, JP



Hong Kong Psychogeriatric Association Ltd.

香港老年精神科學會

Webpage: [www.hkpga.org](http://www.hkpga.org) E-mail: [info@hkpga.org](mailto:info@hkpga.org)

---

## E. HKPGA Website

Members are advised to visit the official website [www.hkpga.org](http://www.hkpga.org) regularly for HKPGA announcements, sponsorships, newsletters and archives of past activities and helped to build a paperless environment.

Prepared by

Dr. Charles Yip  
Honorary Secretary,  
HKPGA

